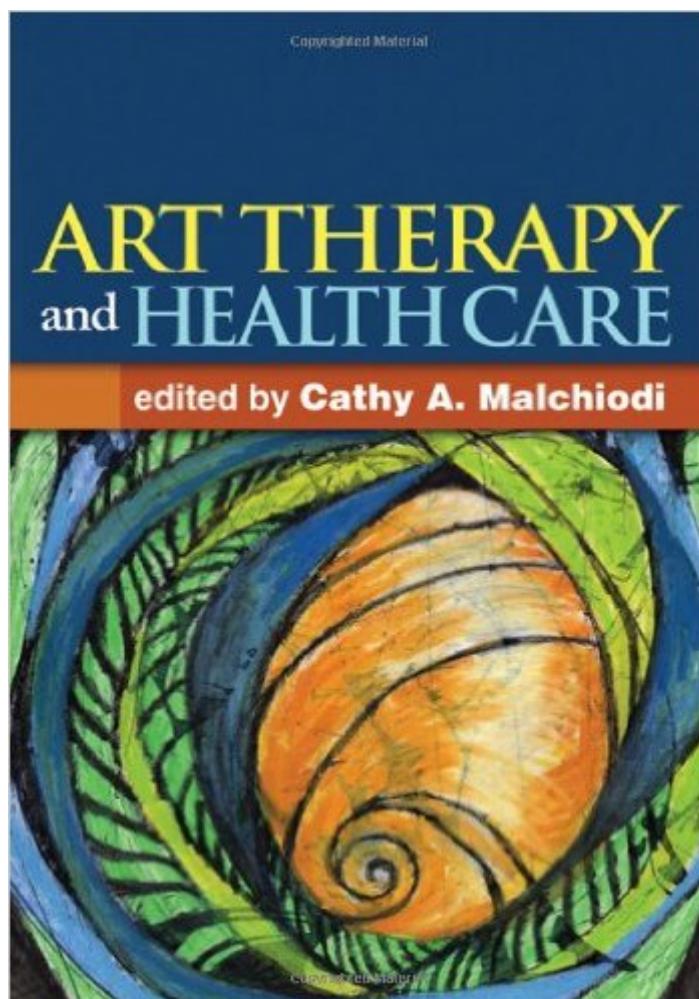


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# Art Therapy And Health Care



## **Synopsis**

Demonstrating the benefits of creative expression for patients living with acute or chronic illness, this volume provides a complete, practical introduction to medical art therapy. It presents evidence-based strategies for helping people of all ages--from young children to older adults--cope with physical and cognitive symptoms, reduce stress, and improve their quality of life. The book includes detailed case material and 110 illustrations. It describes ways to work with individuals and groups with specific health conditions and challenges, as well as their family members. Contributors are experienced art therapists who combine essential knowledge with in-depth clinical guidance.

## **Book Information**

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## **Customer Reviews**

Wonderful introduction to art therapy in health care, Cathy discusses many different populations one might encounter, directives that would work in those situations as well as personal accounts from individuals who have accessed art therapy during treatment! If you want to have a better idea of what Art Therapy is, and are interested in working in the medical field this is a wonderful addition to your library.

Great book. Just started working in a pediatric setting and am using this book as my manual and reference guide. Love how it covers all different topics and populations! Def recommend if working in a ped. health care setting.

Fantastic condition. Needed for a college class

Excellent

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